

Enhancing healthcare in our Annapolis Valley community







in healthcare

• ANNUAL IMPACT REPORT 2022/2023





Valley Regional Hospital Foundation is an independent charity established to foster a culture of sustained giving in support of enhanced healthcare in our Annapolis Valley community.

With over 1500 hospital staff, and multiple departments, clinics and services, Valley Regional Hospital is the second largest regional healthcare centre in the province, serving patients from Digby to Windsor.

Compassion •

PRESIDENT'S MESSAGE

It has given me great pleasure to serve on the Valley Regional Hospital Foundation Board over the past nine years; and as the Board President for the last two years. I have had the privilege of developing relationships with staff, patients, and donors who remind us that, at the end of every day, health is what matters most.

The stories in our annual impact report have been shared by people with extraordinary moments in life -- moments of illness. recovery, healing, and times of gratitude and inspiration. Each story demonstrates how we are all touched by the importance of healthcare, at the most unexpected times, and how it can empower us all to appreciate what matters most in life.

I always hear how fortunate we are to have a regional hospital in our own backyard. I believe we are fortunate to have a compassionate community of donors and volunteers who continue to give their time and resources. Thank you for making an incredible impact to enhance healthcare in the Annapolis

Peblie Dennigar

Pictured: Debbie Hennigar

President, Valley Regional Hospital Foundation

Our community

Our Commitment •



Another year has quickly passed and much has been accomplished! As we moved through and out of another year of Covid restrictions, we continued to adapt and grow.

The Breathe Well Campaign to purchase essential pulmonary function equipment was launched in early 2022. Activities that focused on this equipment included our Health in Harmony Radiothon in partnership with AVR, Valley Golf Day, Valley Vineyard Series, the Black & White Dinner and Auction with Mike and Sandy Reid, and the annual Festival of Lights! The financial target of \$250,000 was exceeded and through the generosity of donors, individuals, major gifts, legacy gifts, sponsors and grants, Valley Regional Hospital Foundation has received almost \$2 million dollars this year!

The Foundation continues to raise funds to purchase essential equipment for Valley Regional Hospital. This is our primary focus, and we are committed to helping to provide the most up to date equipment so that our doctors and staff can continue to provide excellent healthcare. Thank you to the numerous valley service clubs and community groups who have contributed almost \$50,000 dollars this year.

In closing, I would like to thank each of you: community members, volunteers, sponsors, businesses, families, friends, and partners. You are the community and the fabric of the Foundation. Each of you contribute and without you, the work of the Foundation would not be possible. Thank you.

ELLEN CROWLEY

Illem I Crowley

CEO, Valley Regional Hospital Foundation





The stories in this year's Impact Report highlight our community members -- Everyone is touched by healthcare; your friends, family, and yourself. Valley Regional Hospital serves more than 100,000 residents over three counties from Windsor to Digby.

Valley Regional Hospital is a regional referral centre providing services not available in community hospitals. Over the last year, thousands of visits were made including:



45,833 Emergency Room visits



225,757 Outpatient Clinic visits



19,374 CT Scans performed



10,017 Ultrasounds performed



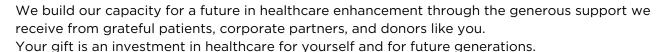
5,828 Surgeries performed



683 Babies born

Our community

Our Impact •



\$1,623,202

Revenue from donations, investment income, and capital gains

\$1,971,182

Contributions to equipment, patient and community programs, and services

Our audited financial statements for 2022-2023 are available on our website at vrhfoundation.ca

Valley Regional Hospital Foundation is proud to introduce our volunteer Board of Directors for 2023-2024:

Logan Morse, Board President Michael Landry, Vice President Debbie Hennigar, Past President Carrie Jones, Treasurer Robert Harris, Secretary

Jennifer Boyd Andrena Hull George Lohnes John MacKay Karen McKay-Harding Kathleen Mulherin Mandeep Panesar Judy Rafuse Rick Ramsay Brittany Traynor

The Valley Regional Hospital Foundation Board and staff would like to thank our amazing donors, volunteers, community partners, sponsors, and businesses who continue to support our mission of enhancing healthcare in our Annapolis Valley community.

Individual donors names and recognition are listed on our website in the digital Annual Impact Report.

vrhfoundation.ca

Our Future •

BREATHE WELL CAMPAIGN

Donors believe we all have a responsibility to ensure our community and loved ones have access to the best healthcare. Thanks to our donors who share the vision of greater healthcare close to home, Annapolis Valley residents have improved access and shorter wait times to receiving the treatment they need.

With completion of the Breathe Well Campaign, a new Pulmonary Function Test machine, with updated zone-compatible software, new bike, and portable spirometers were added to the Respiratory Therapy clinic. This means patients can continue to be assessed and monitored for breathing obstructions and lung disease within the Annapolis Valley.

For patients like Mike Reid, having the right tools saved his life when he was diagnosed as needing a double lung transplant. Mike and his family have the freedom to be able to continue to monitor his condition on a regular basis without taking on the additional stress of travelling for maintenance care.

Valley Regional Hospital's healthcare teams help thousands of patients access healthcare close to home, and your donation to the Foundation has contributed \$1,623,202 in funding to support new equipment.

In 2022/2023, donors to the VRH Foundation helped fund equipment purchases in the following areas:

- Diagnostic Imaging
- Emergency Unit
- Inpatient Psychiatry
- Intensive Care Unit

- Mental Health
- Respiratory
- Surgical Unit
- Women & Child's Unit

they saved my life.



Our Comfort •

CANCER CARE FOR PATIENT ACCESS

Upon learning of a cancer diagnosis, families have to adjust their lifestyles to accommodate treatment plans, medical appointments and hospital visits.

Patients experience a variety of pressures which can impact their care and recovery. The *Cancer Care for Patient Access* fund is established to help families with financial barriers work with a Patient Navigator, like Dianna Hutt, to access Oncology treatment at Valley Regional Hospital.

Thanks to our donors who share the vision of health equity, in the last year, 119 patients were able access their chemotherapy treatments. The VRH Foundation understands how vital it is for all the residents in the community to access healthcare. Our goal is to make sure no one forgoes treatment due to financial barriers.

PATIENT COMFORT CARE FUNDING

When you give to Valley Regional Hospital Foundation patient program funds, you are helping ensure that Annapolis Valley residents are able to find some comfort during stressful times, as well as access lifesaving treatment.

Whether it is a simple item like a device charger on a long night, a toiletry bag in the morning, or assistance with transportation costs; your generosity resonates throughout the hospital, and reaches patients every day. In the past year, \$160,000 was distributed to patient programs, comfort care items, and services in our community.

Visit vrhfoundation.ca to learn more about each program.



I learned then and there that she was the 'go-to person'.





Our Support

EQUIPPED EMERGENCY ROOMS

Valley Regional Hospital's Emergency teams treated more than 45,500 patients this year. A vital component to delivering the best care possible is having up-to-date equipment.

Thanks to our generous donors, Valley Regional Hospital has the equipment, in your time of need -- like a new video laryngoscope and rapid infuser, used in medical emergencies requiring intubation and distribution of temperature controlled fluids. This equipment is often lifesaving and necessary in Emergency situations.

PHYSICIAN RECRUITMENT

The Foundation understands how vital it is to have the latest technology and equipment to attract and retain physicians and healthcare professionals. Because of our community of donors, the Foundation continues to fund areas of greatest need.

In partnership with Valley Regional Hospital, Nova Scotia Health, and the AVCC Physician Community Navigator; 17 new physicians are working in the Annapolis Valley including specialists in Dermatology, Neurology, and Psychiatry.

In the last year, 14 locums provided physician relief and 167 medicine students did their elective rotations in the Annapolis Valley.

With a donation to the Grateful Patient Program, you or your family can say a special "thank you" by making a donation to honour a staff member. physician, team or volunteer you wish to recognize. When the gift is received, the Foundation will acknowledge the person (or persons) with a special token of appreciation.

Thank you.

Pictured: Robin McLean, Nurse Clinical Lead and Dr. McNeil, Emergency Physical Research Physical Resea



Our Healing

Matilda Jararuse has established roots in the Annapolis Valley over the past 14 years. Growing her family has been a long journey. After successfully carrying her first child, in September 2015, Matilda experienced the loss of her second baby at 34 weeks gestation due to a pregnancy liver condition.

Matilda and her family held their sweet Olivia Jane for a mere five hours. In the years since her loss. Matilda learned about a medical device called a Cuddle Cot.

In the event of neo-natal loss, a Cuddle Cot is a cooling bassinet that extends the time families have with their babies to preserve their memory.

Through Matilda's efforts of advocating pregnancy liver conditions, hosting a Walk of Remembrance and her own jewelry sales; the Foundation was able to purchase a Cuddle Cot for Valley Regional Hospital this past year.

Matilda has since grown her family and now has two children, while continuing to raise awareness about pregnancy loss.

In memory of Olivia Jane, the Jararuse Family made an extraordinary impact on the Women & Child's Unit at Valley Regional Hospital -giving other families the gift of time, and finding healing for themselves.

COMMUNITY LED FUNDRAISERS

Matilda was able to raise 20% of the Cuddle Cot funds through her own fundraisers. Community groups and individuals continue to step up and give back in support of the health of their community. This past year our community contributed \$62,105 with 34 individual fundraisers.

Patients at Valley Regional Hospital benefit from these community-led fundraisers that support all aspects of the hospital -- from patient care to equipment purchases.

To learn more about these community champions, or how to get involved, please visit our website at vrhfoundation.ca

Community Champions



Valley Regional Hospital Foundation Board and staff would like to thank our amazing donors, community partners, sponsors, and businesses who continue to support our mission of enhancing healthcare in our Annapolis Valley community. Thank you!

Annapolis West Health Foundation

Avon Valley Golf Course

AVR 97.7/Magic 94.9

Benjamin Bridge

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Church Brewing Company

Domaine de Grand Pre

Eagle Crest Golf Course

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GLS Society for Health

Greenwood Golf Course

Huntley Consulting

Johnsons Insurance

Kentville Toyota

Ken-Wo Golf Course

Kings Mutual Insurance / Heartland Farm

Mutual Inc.

Light in the Forest

Lightfoot & Wolfville

Lions Club International

Little Flora Gem

Mid Annapolis Valley Kinsman Club

Mud Creek Twoonie Toss, Wolfville Rotary

Municipal of Kings County

New Scotland Candle Co.

Nova Scotia Health

NS Kidney Foundation

NSCC Kingstec Campus

Paragon Golf Course Planters Ridge **RBC** Foundation

Rewind 89.3

Rotary Kings County

Seek & Bloom Creative Co.

Soldiers Memorial Hospital

The Greenwood Mall

Thistle Hospitality Group

Two Birds One Stone Farm

Valley Credit Union

Valley Ford

Valley Harvest Marathon West Kings High School Grad Committee Western Kings Memorial Hospital

Our 2022 Donors

THANK YOU!

We are grateful for every gift we receive.

On behalf of the patients and their families who arrive at Valley Regional Hospital every day for care; thank you for investing in your health and the health of your community. By donating to the Valley Regional Hospital Foundation, you are helping to ensure that when you or your loved ones need it most, healthcare is close to home.

*Names marked with an asterisk denotes those who belong to our GEM program and Give Every Month.

14 Wing Pipes and Drums

Abbey, Gale^{*}

Acker, Brian

Acker, Beverly and Alice

Ackermann, Helen Acker-Roy, Kelly

Adams, Darrell and Peggy

Adams, Russ

Aikman, Bruce and Dianne

Aisner, Allison

Aldred Excavation

Alexander, Bruce and Heidy

Allen, Maurice and Moira

Allen, Don and Jeannie

Amos. Tim

Amos, Christina

Andrews, Evelyn

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Archer, Linda

Archibald, Margaret

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Arnold, Chris

Askew, Jocelyn

Atkinson, Gerald and Hope

Atkinson, S.J.

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Avery, Leeanne

Avest Farm Ltd Avonport Baptist Church

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Baker, Kevin and Alanna

Balcom, Neil and Mairi

Balcom, Suzanne and Randy Baldwin, Geoff

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Balsor, Gerald and Violet

Balsor, Lindsay

Baltzer, Clyde and Susan Ban Fireworks Nova Scotia

Banks. Louise

Barker, Leslie and Starlene

Barkhouse, Linda and Vernon

Barkhouse, Dan Barkhouse, Sheila

Barlow, Irene and John

Barnard, Jennifer Barry, Anne E.*

Bassan, Maggie

Batiot, Jean-Louis and Jennifer

Batstone, Roy and Violet Baxter, Janet Beach, Dorothy and Channing Beaudry, Mark Beck, Brenton and Jessie



Pictured: Logan Morse, Board President



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Burrell, George and Crystal

Bustin, Robin and Mary Jane

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Cadegan, Ernest and Margo

Caldwell, Curtis and Elizabeth

Campbell, Bonnie and William

Cameron, Douglas and Mary

Butler, Trevor and Sandy

Butler. Everett and Gail

Budd, Larry

Burgess, Lori

Burns, Helen

Burry, Al and Edith

Burton, Donald

Butler, Mike

Cameron, Joseph

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Cote, Roxie

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Dunlop, Larry



Pictured: Carrie Jones, Board Treasurer

Pictured: Mike Landry. Board Vice President





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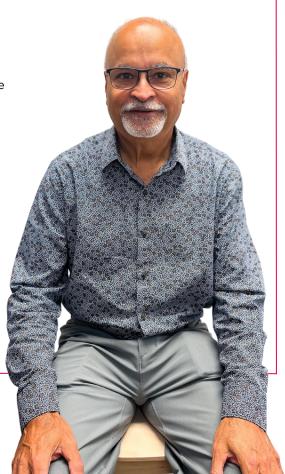
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Pictured: George Lohnes, Board Member

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Pictured, Foundation Staff: Stacey Floris, Communications Specialist; Taylor deVries, Fund Development Coordinator; Ellen Crowley, CEO; Angela Mansfield, Finance Manager; Lisa Mitchell, Office Manager; Hillary Webb, Fund Development Manager



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