



## November 25th Cooking Class Chef Peter Dewar

### Ingredient and Utensil List

#### *ALSATIAN ONION TART*

##### Ingredients and Prep :

3 slices of lean bacon, cut crosswise into 1/4-inch strips  
2 large onions, quartered lengthwise and very thinly sliced crosswise (about 4 cups)  
1/4 teaspoon ground cumin  
Pinch of cayenne pepper  
Pinch of cloves  
Pinch of nutmeg  
Salt  
Flaky Pie Dough  
2 large eggs  
2 tablespoons all-purpose flour  
1 cup heavy cream  
Freshly ground black pepper  
1/4 cup shredded imported Swiss cheese

##### Utensil List:

Chef Knife  
Cutting board  
Heavy saucepan  
Wooden spoon  
Rolling Pin  
Tart Pan/Pie plate  
Medium mixing bowl  
Whisk

#### *BEEF ROULADEN WITH SPINACH SPAETZLE*

##### Ingredients and Prep :

2 pounds top round or flank steak, thinly sliced into four long strips (1/4 inch thick)  
1/4 teaspoon salt  
1/4 teaspoon pepper  
1/2 cup spicy brown mustard  
1 white onion, chopped  
2 medium pickles, chopped  
4 slices bacon, chopped  
2 tablespoons butter or ghee  
1 carrot, peeled and chopped  
1 celery stalk, chopped  
1 sprig fresh thyme (or 1/2 teaspoon dried)  
1/2 cup chicken broth  
1/2 cup beef broth  
1/4 cup red wine  
1 tablespoon tomato paste

##### FOR THE SPINACH SPAETZLE

1 cup all-purpose flour  
2 medium-sized eggs  
1/2 teaspoon salt  
1/4 teaspoon nutmeg  
1/4 cup water (possibly slightly more)  
3 oz spinach

##### Utensil List:

Chef Knife  
Cutting Board  
Cooking twine  
Dutch Oven (OR saucepan and oven safe casserole dish with cover)  
Wooden spoon  
Strainer or hand blender

Chef Knife  
Cutting Board  
Medium mixing bowl  
Wooden spoon  
Medium pot  
Slotted spoon  
Medium saucepan

## **BAVARIAN CREAM WITH RASPBERRY COULIS**

### **Ingredients and Prep :**

1 teaspoon powdered, unflavored gelatin  
2 large eggs, separated  
1/3 cup + 1 teaspoon granulated sugar, divided  
1/2 teaspoon vanilla extract  
1/2 cup heavy cream

### **FOR THE COULIS**

2 cups frozen raspberries  
1/4 cup granulated sugar  
1 teaspoon lemon juice  
Whipped cream as garnish, optional

### **Utensil List:**

3 mixing bowls  
Whisks  
Spatula  
Small saucepan  
Presentation bowls/  
ramekins

Small saucepan  
Seive  
Small bowl  
Plastic wrap